Nutrition & Physical Activity Symposium
“Environmental and Policy Approaches to Promoting Healthy Eating and Physical Activity in Indiana Communities”

Tuesday, February 2, 2010, 1-4 pm ET
Stewart Center, Room 302*

Agenda

1:00 pm  Welcome/Introduction
Amy Mobley, PhD, RD, Clinical Assistant Professor, Dept of Foods and Nutrition
Philip Troped, PhD, Assistant Professor, Dept of Health and Kinesiology

1:15 pm  “Environmental and Policy Approaches to Promoting Physical Activity and Healthy Eating: A National Perspective”
Jackie Epping, M.Ed. Lead Public Health Scientist and Team Leader for Guidelines and Recommendations Team, Physical Activity and Health Branch, Division of Nutrition, Physical Activity and Obesity, Centers for Disease Control and Prevention

2:00 pm  “Indiana Healthy Weight Initiative”
Mike Lindbloom, MS, Physical Activity Specialist, Division of Nutrition and Physical Activity, Indiana State Department of Health

2:25 pm  “Impact of School Gardens on Health and Wellness”
Kathryn Orvis, PhD, Assistant Professor, Horticulture Dept & Purdue Extension

2:45 pm  Healthy snack break (refreshments provided)

2:55 pm  “Complete Streets for Healthy Indiana Communities”
Kim Irwin, MPH, CHES, Executive Director, Alliance for Health Promotion

3:15 pm  “Community-Based Approaches to Developing Local Food Systems”
Scott Hutcheson, MPA, Assistant Program Leader, Purdue Center for Regional Development

3:40 pm  Panel discussion/wrap-up

*Webinar: This program will also be available via live webinar using Adobe Connect. The URL to join on Feb 2nd is https://gomeet.itap.purdue.edu/r65116283/. Contact Amy Mobley (armobley@purdue.edu) for more information.

Continuing Education: This program has been submitted for approval of 3.0 hours of CPE credits for Registered Dietitians and Dietetic Technicians, Registered.